

## Sewing: Dressmaking for beginners and im

Whether you would like to learn new creative skills or to investigate the possibility of a new textile-based career, MAE Community Learning courses can provide you with a stepping stone to progress.

Learn how to make your own clothes in our professional studio, you will learn how to use a pattern and identify and record correct fitting alterations. This is a non-accredited 10 session course taught with one to one tutor time demonstration and group discussion. The learner will be encouraged to develop their own personal course file/ sketch book of information, tutor handouts, and learner notes.

All learners will observe appropriate health & safety requirements in the dressmaking studio as set out in the MAE ground rules /learner contract and will be expected to maintain both a sketch book of their ideas and inspirations and a portfolio of their work produced whilst on the course. This will be submitted to the tutor on the last session of the course.

Start Date: 06 March 2025  
Start Time: 09:30  
Lessons: 10  
Weeks: 10  
Hours: 20.00

PLEASE DO NOT PURCHASE PATTERN OR FABRIC UNTIL AFTER YOUR FIRST LESSON.  
YOUR TUTOR WILL SPEAK TO YOU ABOUT WHAT YOU NEED

### Venue

Rochester Adult Education Centre  
Rochester Community Hub  
Eastgate  
ME1 1EW

### What will I learn on this course?

Learners will:

- Learn how to add correct seam allowances to achieve desired size of project
- Use a ruler to accurately measure fabrics and create paper patterns
- Use division to accurately space items in a project

### Is this course suitable for me?

Suitable for those who can already use a sewing machine.

### Is there anything I need to know about the course?

All tools and resources are provided for learner use.

### Will there be additional costs?

no

### What could I go on to do after this course?

Your tutor can talk to you about other subject related course available.

Medway Adult Education works with many partners locally such as UCA and the University of Kent; information about their courses can be found in our studios, café and on Moodle. Medway has an exciting and wide-range of events, exhibitions and activities to inspire and help you make further progress - please see the community noticeboards in the Rochester centre and again on Moodle. Your tutor will be able to talk through with you and your individual progression options.

If you wish to explore your learning, work or career options, you can speak to a fully trained careers advisor on 0800 100 900. <https://nationalcareersservice.direct.gov.uk>

If you need further advice please telephone 01634 338400.

### Attendance Policy

Multiple sessions-

In order to get the most out of your course you will need to attend as many sessions as possible. We recommend at least 85%. If you do have a holiday booked during term time, please let the tutor know in advance so that we can help you catch up on missed sessions and ensure that you still achieve the course outcomes. If you are unavoidably ill or unable to attend, please contact 01634 338400 so that we can let your tutor know, and so they can send you any work you may have missed

## **How are digital skills used and enhanced on this course**

Students will be encouraged to have a browse on the internet for designs jersey tops. They may choose to apply those new ideas to their designs, or to try and make another in the future with those ideas.

## **Health and Safety**

### **Health and Safety Disclaimer**

By participating in the live class you accept that you understand that sewing involves potentially hazardous tools and equipment and that such activity carries the risk of injury. You understand that it is your responsibility to judge your motor skills and physical ability.

It is your responsibility to ensure that by participating in classes and activities from Medway Adult Education, you will not exceed your limits while performing such activity, and you will select the appropriate level of task for your skills and abilities.

You understand that this is a practical activity and you will need to be suitably dressed, you will need protect your work surface and be mindful of the correct Health & Safety processes when working with sewing equipment. MAE is not responsible for damage to items in your house / home or person.

The creators, owners and distributors of this site and the material available MAE are not responsible for any injuries you may experience as a result of your use of this site and the material contained here on. By remaining on this site and/or accessing and / or using any material, you are accepting that you have read, understood and agreed to follow these basic instructions.